



language culture discovery

PROGRAMME 50-PLUS

Our school and the courses we run are well suited to a more mature clientele, who are particularly interested in immersing into our city and its people. To meet the increasing demand for 50+ Language Students, Kurus English has developed a special programme for this specific age group.

Our Language Excursions constitute the heart of Kurus English besides the ever-important language classes: Because of our unique network, students are immersed in diverse cultures of Cape Town, providing them with opportunities to converse with the fascinating people of the city. Should the conversation ever begin to flag, our teachers will be at our students' side to assist them. Themes change weekly, defining the language-learning concept with regards to content and ensuring exciting and meaningful personal encounters.

Here is the 2 week 50+ Programme in more detail:

- **10 Lessons Grammar** (per week).
 - **10 Lessons Skills Development** (per week): reading, writing, listening, speaking and vocabulary development.
 - **10 lessons of Language Excursions** (per week), including language support, transport, entrance fees and, on certain Language Excursions, a meal or snacks and/or refreshments.
- + 3 additional leisure time activities**, which will be organised for you in Cape Town.
- **Jazz Safari** (Meet Cape Town Jazz musicians during dinner).
 - **Peninsula Route** (Cape of Good Hope, full-day tour).
 - **Wine Route** (Constantia Wine Valley, half-day tour).

Price 2018:

USD 1.395	Course and additional activities, 2 airport transfers, no accommodation
USD 2.655	Course, additional activities, 2 airport transfers and accommodation in a Guest House , single room, bath/shower and breakfast
USD 3.215	Course, additional activities, 2 airport transfers and accommodation in a 3 Star Hotel , single room, bath/shower and breakfast

You are also very welcome to book your accommodation with a Host Family, let us know!

Course Dates 2018:

13.01.2018 – 27.01.2018	07.07.2018 – 21.07.2018
17.02.2018 – 03.03.2018	11.08.2018 – 25.08.2018
05.05.2018 – 19.05.2018	08.09.2018 – 22.09.2018
02.06.2018 – 16.06.2018	20.10.2018 – 03.11.2018

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Registration Kurus English CC 2008/026110/23

TIME TABLE (EXAMPLE)

50 + Programme: 2 weeks (from Saturday to Saturday)

Week 1

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		09:45: Peninsula Route to Cape Point and the Cape of Good Hope End 18h00	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary
Afternoon	Arrival in Cape Town First steps in Cape Town		Welcome Reception Kurus English Leisure time	13:30-16:00: Language Excursion	13:30-16:00: Language Excursion	13:30-16:00: Language Excursion	14:00 Wine Route Enjoy our wonderful scenic wine estates during two wine tastings
Evening							

English lessons in total: 10 lessons Grammar, 10 lessons Skills and Vocabulary development and 10 lessons Language Excursions per week.

TIME TABLE (EXAMPLE)

Week 2

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Leisure time	Leisure time	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: English lessons 2 h Grammar 2 h Skills, Vocabulary
Afternoon			Homework Leisure time	13:30-16:00: Language Excursion	13:30-16:00: Language Excursion	13:30-16:00: Language Excursion	Leisure time
Evening			19:00 Jazz Safari with Coffeebeans Routes				Saturday: Departure

English lessons in total: 10 lessons Grammar, 10 lessons Skills and Vocabulary development and 10 lessons Language Excursions per week.
Please note: Itineraries are subject to change!

These 3 activities are already included in the 2 week 50+ Programme:

1. Jazz Safari:

19:00h Guests meet at Coffeebeans Routes/ Kurus English in Dunkley Square, Ikhaya Lodge or 70 Wale Street

19:30h Dinner at home of a Cape Town Jazz musician, with private show

21:30h Visit to jazz club OR visit to second musician for nightcap

23:00h Return to accommodation.

2. Cape Peninsula Route:

09:45h collection from your accommodation.

11:00h arrive in Muizenberg, via Cape Flats route to provide 'lay-of-the-land' perspective.

12:00h lunch in Kalk Bay (own account)

13:30h Simons Town, Boulders Beach, Penguin Colony

14:00h depart for Cape Point Nature Reserve (Cape of Good Hope)

14:30h Nature reserve - funicular, walking to the point, optional beer at restaurant etc.

16:00h approx departure time. Return to Cape Town via Kommetjie, Ou Kaapse Weg, Constantia Nek, Hout Bay, Camps Bay

18:00h return to accommodation. These timings are **approximate** only.

Please bring: sun-protection, hat/cap, hiking/sports shoes, light jacket

Weather: this trip will take place regardless of the weather.

3. Wine Route:

14:00-18:00h: Our half-day wine route focuses on the Constantia wine region. This is the oldest of the wine regions in the Western Cape, the birthplace of wine in South Africa. It is stunningly beautiful in landscape and architecture, and close enough to the city that a great deal can be experienced in this half-day excursion.

Some of the Constantia Estates include Groot Constantia, the grand-daddy of wine estates in the Cape, Klein Constantia, Constantia Uitsig, Steenberg Vineyards, and Buitenverwachting.

Each wine route visits **two of these estates** for tastings, included in the price.

Please bring: light jacket and camera

All timings are subject to change.