

# PROGRAMME

## 50-PLUS

Our school and the courses we run are well suited to a more mature clientele, who are particularly interested in immersing into our city and its people. To meet the increasing demand for 50+ Language Students, Kurus English has developed a special programme for this specific age group.

Our Language Excursions constitute the heart of Kurus English besides the ever-important language classes: Because of our unique network, students are immersed in diverse cultures of Cape Town, providing them with opportunities to converse with the fascinating people of the city. Should the conversation ever begin to flag, our teachers will be at our students' side to assist them. Themes change weekly, defining the language-learning concept with regards to content and ensuring exciting and meaningful personal encounters.

Here is the 2 week 50+ Programme in more detail:

- **10 Lessons Grammar** (per week).
- **10 Lessons Skills Development** (per week): reading, writing, listening, speaking and vocabulary development.
- **10 lessons of Language Excursions** (per week), including language support, transport, entrance fees and, on certain Language Excursions, a meal or snacks and/or refreshments.

**+ 3 additional leisure time activities**, which will be organised for you in Cape Town.

- **Jazz Safari** (Meet Cape Town Jazz musicians during dinner).
- **Peninsula Route** (Cape of Good Hope, full-day tour).
- **Wine Route** (Stellenbosch area, half-day tour).

### Price 2019:

EUR 1.520	Course and additional activities, 2 airport transfers, <b>no accommodation</b>
EUR 2.920	Course, additional activities, 2 airport transfers and accommodation in a <b>Guest House</b> , single room, bath/shower and breakfast
EUR 3.620	Course, additional activities, 2 airport transfers and accommodation in a <b>3 Star Hotel</b> , single room, bath/shower and breakfast

You are also very welcome to book your accommodation with a Host Family, let us know!

### Course Dates 2019:

<b>05.01.2019 – 19.01.2019</b>	<b>10.08.2019 – 24.08.2019</b>
<b>02.02.2019 – 16.02.2019</b>	<b>07.09.2019 – 21.09.2019</b>
<b>04.05.2019 – 18.05.2019</b>	<b>12.10.2019 – 26.10.2019</b>
<b>01.06.2019 – 15.06.2019</b>	<b>09.11.2019 – 23.11.2019</b>

# TIME TABLE (EXAMPLE)

## 50 + Programme: 2 weeks (from Saturday to Saturday)

### Week 1

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		09:45: <b>Peninsula Route</b> to Cape Point and the Cape of Good Hope	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary
Afternoon	Arrival in Cape Town First steps in Cape Town	End 18h00	Welcome Reception Kurus English  <b>Leisure time</b>	13:30-16:00: <b>Language Excursion</b>	13:30-16:00: <b>Language Excursion</b>	13:30-16:00: <b>Language Excursion</b>	14:00 <b>Wine Route</b>  Enjoy our wonderful scenic wine estates during two wine tastings
Evening							

English lessons in total: 10 lessons Grammar, 10 lessons Skills and Vocabulary development and 10 lessons Language Excursions per week.

# TIME TABLE (EXAMPLE)

## Week 2

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Leisure time	Leisure time	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary	9:00 -12:40: <b>English lessons</b>  2 h Grammar 2 h Skills, Vocabulary
Afternoon			Homework  <b>Leisure time</b>	13:30-16:00: <b>Language Excursion</b>	13:30-16:00: <b>Language Excursion</b>	13:30-16:00: <b>Language Excursion</b>	<b>Leisure time</b>
Evening			<b>19:00 Jazz Safari with Coffeebeans Routes</b>				<b>Saturday: Departure</b>

English lessons in total: 10 lessons Grammar, 10 lessons Skills and Vocabulary development and 10 lessons Language Excursions per week.  
 Please note: Itineraries are subject to change!

**These 3 activities are already included in the 2 week 50+ Programme:**

## **1. Jazz Safari:**

**19:00h** Guests meet at Coffeebeans Routes/ Kurus English in Dunkley Square, Ikhaya Lodge or 70 Wale Street

**19:30h** Dinner at home of a Cape Town Jazz musician, with private show

**21:30h** Visit to jazz club OR visit to second musician for nightcap

**23:00h** Return to accommodation.

## **2. Cape Peninsula Route:**

**09:45h** collection from your accommodation.

**11:00h** arrive in Muizenberg, via Cape Flats route to provide 'lay-of-the-land' perspective.

**12:00h** lunch in Kalk Bay (own account)

**13:30h** Simons Town, Boulders Beach, Penguin Colony

**14:00h** depart for Cape Point Nature Reserve (Cape of Good Hope)

**14:30h** Nature reserve - funicular, walking to the point, optional beer at restaurant etc.

**16:00h** approx departure time. Return to Cape Town via Kommetjie, Ou Kaapse Weg, Constantia Nek, Hout Bay, Camps Bay

**18:00h** return to accommodation. These timings are **approximate** only.

**Please bring:** sun-protection, hat/cap, hiking/sports shoes, light jacket

**Weather:** this trip will take place regardless of the weather.

## **3. Wine Route:**

**14:00-18:00h:** Our half-day wine route focuses on the Stellenbosch wine region. Stellenbosch is the second oldest city in South Africa. It is stunningly beautiful in landscape and architecture and a great deal can be experienced in this half-day excursion.

Some of the Stellenbosch Estates are Fairview, Spier, Dornier Wine Estate, Blaauwklippen, Muratie or Middlelei

Each wine route visits **two estates** for tastings, included in the price.

**Please bring:** light jacket and camera

**All timings are subject to change.**